

Greatest Changes

The Corona Edition

Nadia El Allam

Adv 3

I consider the coronavirus the turning point in my life. During the coronavirus I have started thinking about improving my lifestyle

Firstly, I started helping my mother with the housework, and I found that I'm a good chef. I cooked some international foods and they were really delicious.

Secondly, in contrast to the past, I now enjoy practising sports because in the past before corona I was just the same as my friends. I didn't have a healthy lifestyle.

Finally, I learned how I could organise my time. I used to be busy all the time without doing anything interesting as a result I now give enough time to my studies and I still have time to enjoy my favorite hobby, which is reading books.

In summary everything in our life can bring good things, its all in the way we use it!

Riad Anabi

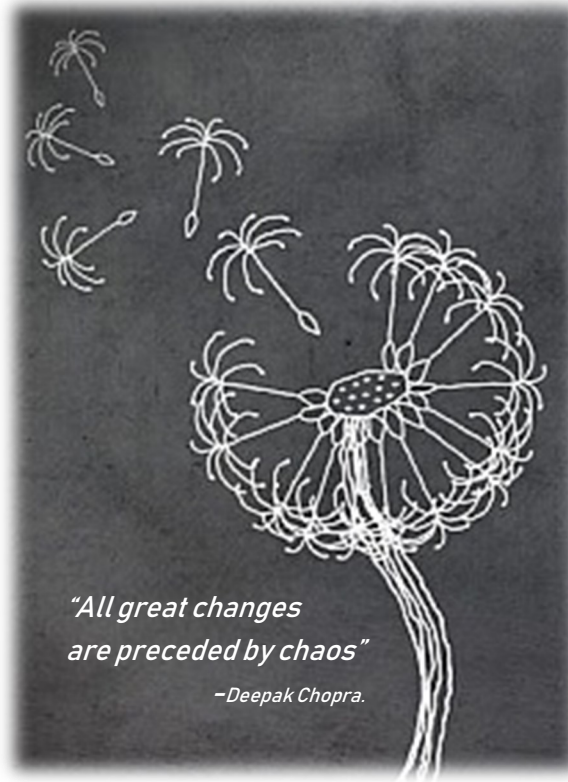
Adv 3

Society has changed a lot over the years, but there is one change that we can't overlook, and that is the change caused by COVID-19, the most famous virus lately, and a virus that has pushed people to embrace new sanitary habits.

Anxiety is at an all-time high with everybody afraid to catch COVID, and that has led most of us to change our lifestyles, especially hygiene. For instance, a mask is now mandatory in public places, and nowadays everybody wears one.

We can also notice that people are carrying hand sanitiser or even some baby wipes while also following a form of social distancing to avoid any infections.

In conclusion, society has changed drastically because of the global pandemic, and we as humans have been forced to change our lives.



Submitting teacher: Heather Lee Harris

Monad El Markhi

Adv 3

Waking up at 4am is the best habit. Unlike the majority of students, I go to sleep early -at 8pm- so that I can get enough sleep (7-8 hrs). Then I wake up every morning at 4am. You may ask me, why. It is the most productive time of the day when everyone is sleeping, and you are working. You will look out and notice that it's still dark and no one is walking on the street. At 4am, there is no social media, no text messages, no fun.

There is just work, and you start doing as many productive activities as you can, as there is no distraction! Some of the most successful celebrities in the world wake up at 4am, and the most brilliant ideas have been created at 4am. So that is why I wake up early—because I want to be unique. I don't want to follow the crowd and work on my phone until I get tired and then go to sleep. I go to sleep not because I'm tired but because I'm done.

Interview with Amjad Hemidach

Student Voice: *Where are you from?*

Amjad Hemidach: I am originally from Fez.

SV: *Have you ever travelled or lived outside Morocco? If so, where and for what purpose?*

AH: I spent 50 days as a tourist in the USA, and that changed my point of view a lot. I became more tolerant and less judgemental of cultures and religions.

SV: *What and where did you study, and what kind of student were you?*

AH: I got my baccalaureate at Moulay Idriss high school, and I was an average student. My passion for reading and writing started when I went to Sidi Mohammed Ben Abdellah University where I studied English Literature and received my Bachelors degree.

SV: *In your opinion, what qualities do good students have?*

AH: Good students are motivated; they are ambitious, focused and resilient in the face of obstacles.

SV: *What made you decide to become a teacher?*

AH: Both my father and my mother were teachers, so I grew up surrounded by books. I was taught the importance of learning and spreading knowledge through my father. So, teaching is a family heritage I am proud to continue.

SV: *What do you like most about being a teacher?*

AH: I love helping students who have difficulties in learning.

SV: *What qualities make a good teacher, in your opinion?*

AH: Patience and passion! You have to

consider the needs of your students and try hard to fulfil them, whilst recognising their weaknesses and taking advantage of their strengths. It's important to lower your student's affective filter.



SV: *Could you explain to our readers what you mean by "affective filter?"*

AH: Sure, the affective filter is a term that describes a learner's attitudes that affect the relative success of second language acquisition. So things like low self-confidence and learning anxiety hinder language learning.

SV: *Teaching has been described as an art as well as a learned skill. Can you describe your teaching style?*

AH: I always try to make my classes fun by listening to students' likes and dislikes. I try to create classroom of authenticity and honesty, so that students relax and express themselves. There is no magic recipe to being a good teacher, but being adaptive keeps the teaching and learning process fresh.

SV: *What's your favorite English word?*

AH: I have two: "Love" and "Work."

SV: *What makes the ALC-Fes different from other English language learning institutions in your opinion?*

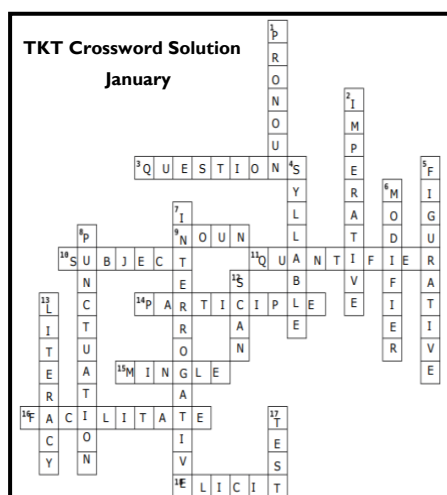
AH: The teaching environment is friendly, supportive, highly professional and overall very positive. I feel that the ALC-Fes aims to improve learning for both staff and students alike.

SV: *This past year has been full of big changes. What have been your greatest challenges in 2020?*

AH: To read ten books a year and limit my access to social media!

SV: *Thanks so much Amjad!*

AH: You're welcome.



Maryem Loukriat Faculty Arts Fes University

Tolerance is a treasure
What do you gain?
The best kinds of values:
brotherhood, respect or love.
Be and forget about grudges.
Shape your vision.
Generosity, help, altruism
anywhere.



Photo by: Arwa Rafia, ALC Photo Club

"Keep your face to the sunshine and you cannot see the shadows."

Helen Keller

Ére Lirad

Int 5

Hey Mr Loneliness,

Would you like to take us from this awful dark
place to another cheery face?

I just see no end to my isolation.
Can I rely on you to get me out of Fez,
escaping somewhere and feeling less injured?
Admiring stars in silence, accepting.

Announcing sordidness.
That's how the world keeps in illness.
That's how the world keeps in sickness.



Photo by Josh Nuttall via UNSPLASH.com

Adam Slimani Beg 5

Image courtesy of ISLcollective.com

Submitting teacher: Fleur Viskovich

